

薬剤師によるサリドマイド適正管理の確立

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Appropriate management of thalidomide by pharmacists

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Abstract

Objectives: In December 2004, guidelines for the appropriate use of thalidomide for multiple myeloma were issued. We partially reviewed the thalidomide management system in this hospital, and we have established a new management system in accordance with the guidelines.

Methods: We added new management items and implemented measures to improve the confirmation of the status of dosage, and the collection and disposal of drugs, which are mandatory under the new management system.

Results: The new guidelines will unify management systems that vary among hospitals, and will considerably reduce the errors of thalidomide administration to patients.

Conclusions: Pharmacists should continue the strict management of drugs, the instruction on the use of drugs, and the monitoring of side effects to ensure that thalidomide is administrated solely to multiple myeloma patients in a safe and effective manner.

Key words: Guidelines, thalidomide, multiple myeloma, management, side effects