

## OTC 医薬品における添付文書情報の実態調査 —かぜ薬および解熱鎮痛薬について—

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### Survey of the over-the-counter drug package inserts for cold medicine and analgesic antipyretic drug.

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(Received August 1, 2008  
Accepted December 24, 2008)

#### Summary

**Objective:** In this study, we surveyed the descriptions on the information content of over-the-counter (OTC) drug package inserts for cold medicine and analgesic antipyretic drug.

**Methods:** We investigated the description format of OTC package inserts, components of drugs, the presence or absence of described contraindication information and contents of description.

**Results:** OTC package inserts for cold medicine and analgesic antipyretic drug (593 and 216 respectively) were surveyed. The package inserts of non-steroidal anti-inflammatory drugs (NSAIDs) were carefully evaluated. On most package inserts of NSAIDs, contraindication information of acetylsalicylic acid was not written.

**Conclusion:** Since there are many OTC drugs containing NSAIDs showing no warning indication, it is necessary to describe appropriate and clear information on OTC package inserts.

**Keywords:** Over-the-counter drug, Package insert, Cold medicine, Analgesic antipyretic drug.